

WomenExplore Lecture and Discussion Forum

Spring 2018 Series

Exploring ...

March 22

RACISM: ADDRESSING THE WHITE PROBLEM

Focus: Shannon Mackey

Join in an interactive discussion led by **Barbara Beckwith**, white racial justice activist, co-facilitator of *White People Challenging Racism: Moving From Talk to Action* workshops, author of *What Was I Thinking?* essay series on everyday racism



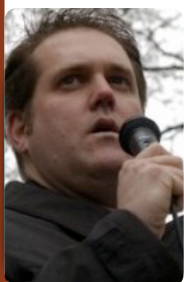
March 29

THE MILLENNIALS: NEW APPROACHES TO OLD PROBLEMS

Focus: Barbara Villandry

Harvard Kennedy School of Government students form a panel to discuss issues facing emerging leaders

Moderator: **Tim McCarthy**, director Culture Change & Social Justice Initiative at the Carr Center of the HKS, and faculty convener of the Emerging Human Rights Leaders Program



April 5

THE CRAVING MIND

Focus: Tracey Hurd

Lecture: **Patti Holland**, Center for Mindfulness at UMass Medical School, certified MBSR Teacher, works in the field of psychiatric rehabilitation, applies ancient wisdom traditions to modern daily life



April 12

CONSTELLATION WORK

Focus: Lindsa Vallee and Paula Chandoha

Lecture: **Samvedam Randles**, Dipl. Psych. LMHC. When an issue, depression or other life pattern can't be shaken it might be a trans-generational pass-down.

Constellation Work can help discover the origin and aid in resolution.



April 19

AGING IN PLACE: THE VILLAGE MOVEMENT

Focus: Carol Goldman

Lecture: **Barbara Selwyn**, executive director of *Cambridge Neighbors* (formerly *Cambridge at Home*), which supports people aging in their communities



April 26

GENOMICS WILL CHANGE YOUR LIFE

Focus: Elaine Fisher

Lecture: **Robert C Green**, medical geneticist, physician, public health researcher, assoc prof medicine Harvard Medical School, dir Genomes2People Research Program at Brigham and Women's Hospital



May 3

WORKING WHILE FEMALE

Focus: Muna Killingback

Lecture: **Sarah Green Carmichael**, executive editor at the Harvard Business Review, host of their weekly podcast, the *HBR IdeaCast* and co-host of their new podcast, *Women at Work*



May 10

THE INNER JOURNEY: CULTIVATING RESILIENCE, DEEPENING WISDOM

Focus: Chris Farrow-Noble

Lecture: **Olivia Ames Hoblitzelle**, writer, therapist and teacher, helped bring meditation, yoga, and cognitive therapy into the medical domain, now focuses on elder issues, spirituality and conscious aging, author of *Aging with Wisdom*



Thursdays in Harvard Sq, Cambridge MA

11:30 am Focus

12 noon–1pm Main Lecture

1pm–1:30 pm Discussion

At Democracy Center, 45 Mt Auburn St, cnr DeWolfe St
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Single mornings \$15 – pay more if you can, less if you need to.
Series enrollment \$110.

Groups (5 or more) \$12. Students \$5.

The Democracy Center is partially wheelchair accessible, no accessible bathroom on site. (There is one nearby.) Contact info@democracycenter.org or 617 492 8855 as needed.